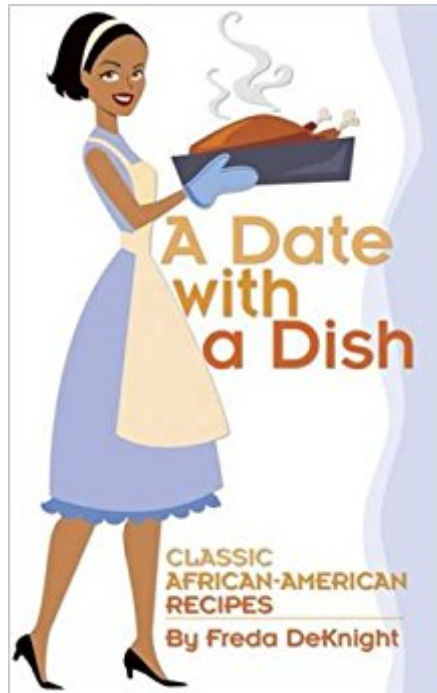




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A Date With A Dish: Classic African-American Recipes



Synopsis

An outstanding feast of distinctively American culinary genius, this comprehensive collection of authentic African-American recipes was assembled by a well-known cooking columnist for Ebony magazine. Freda DeKnight was baking bread and biscuits by the time she was five years old. In the course of her career as a teacher and counselor of culinary arts, she assembled and shared thousands of fabulous recipes, the best of which appear here. Filled with the aroma of childhood memories, this guide helps modern cooks re-create hundreds of classic dishes for every meal of the day, from chicken and oyster gumbo to sweet potato pudding. The recipes start with appetizers, cheese, soups, relishes, and sauces, advancing to meats, fowl, fish, and all-in-one dishes. In addition to suggestions for vegetables, salads, and breads, the menu includes a mouthwatering selection of Creole dishes and delightful desserts.

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Customer Reviews

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addition to suggestions for vegetables, salads, and breads, the menu includes a mouthwatering selection of Creole dishes and delightful desserts. Dover (2013) republication of the edition published by the Johnson Publishing Company, Inc., Chicago, 1962. See every Dover book in print at www.doverpublications.com

Freda DeKnight was the Home Service Director for Johnson Publishing Company and author of Ebony magazine's monthly column, "A Date with a Dish."

I purchased this book after it was recommended by my chef. I have not been disappointed. It's simple food from a simpler time. The book was written in 1962. Don't expect to see quinoa, do expect maple cake, split pea soup (yum) and buttermilk pie.

This is a really delightful book. The only thing that would make it better would be if it were spiral bound to stay open while cooking. Yum!

Verry good southern recipes. I can't wait to try them

Love this book.

I looked at some of recipes they look very tasty and simple meaning not a lot of ingredients and just four or five steps.

I like to experiment with different types of recipes. Having the opportunity to understand a different culture's food is wonderful. This book describes different foods that aren't necessarily soul foods. Here are black culture special dishes and everyday foods. I made the peanut butter turkey. And enjoyed it. Keep an eye on the salt. It can be more than needed.

nice

Okay. Revised old cookbook.

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